

ERASMUS+ STUDIES PROGRAMME 2024-2025/2025-2026

CALL FOR LONG-TERM MOBILITY AT NORTH-WEST UNIVERSITY (SOUTH AFRICA) FOR DOCTORAL STUDENTS

1. OBJECTIVE

This call for applications for the Erasmus+ Study international mobility programme is aimed at doctoral students enrolled on the Doctoral Degree in Health Sciences who are interested in undertaking an Erasmus+ Study mobility stay of between 2 and 5 months at North-West University (South Africa) during the 2024-2025 or 2025-2026 academic year.

This position falls within an Erasmus+ K171 project that promotes mobility between programme countries and partner countries in areas of mutual interest for the institutions involved. In this case, these areas are:

- 1) Physical activity and society: improving community health through physical activity and sport.
- 2) Movement analysis: focused on elite, amateur, and recreational sports.
- 3) Effects of exercise and physical activity on the paediatric population.

2. REGULATIONS / GENERAL CONDITIONS

- Submitting an application implies full acceptance of the conditions of this call.
- The duration of the mobility must be a minimum of 2 months and a maximum of 5. If this minimum requirement is not met, the student will be required to return the full financial aid received for this mobility.
- The stay must be completed by June 2026 at the latest.

3. GENERAL REQUIREMENTS

- Hold Spanish nationality and possess a NIF, or, in the case of foreign students, hold a valid NIE (Foreigner Identification Number) to participate in the programme.
- Be enrolled on the Doctoral Degree in Health Sciences during the academic year the mobility takes place (2024-2025 or 2025-2026).

- Have sufficient knowledge of the language of the host university (English).
- Provide proof of coverage for medical, accident, and civil liability insurance.

4. SPECIFIC REQUIREMENTS

- Develop a doctoral thesis at UIC Barcelona on one of the following topics:
 - 1) Physical activity and society: improving community health through physical activity and sport.
 - 2) Movement analysis: focused on elite, amateur, and recreational sports.
 - 3) Effects of exercise and physical activity on the paediatric population.
- Affiliation with recognised research groups within the faculty will be positively assessed.
- A good level of the language of the stay (English) will be positively assessed.

5. FINANCING

SEPIE is the National Agency that distributes the funds coming from the European Union, which are destined to support the stays of students participating in the Erasmus+ Study Programme.

The aim of this scholarship is to help cover the expenses of travel, living and accommodation of the beneficiary during their stay in a foreign institution. The aid is not intended to cover all the costs incurred by mobility, but to contribute to its financing.

The total amount of the 5-month mobility scholarship is:

€700 per month × 5 months = €3,500 + €1,500 travel assistance = €5,000

The Erasmus+ scholarship is compatible with other grants and public or private grants.

Grants for students with fewer opportunities

The aim of the Erasmus+ programme is to promote equity and inclusion by facilitating access for all participants. A person with fewer opportunities is a participant whose individual situation, whether physical, mental, social, cultural or economic, prevents them from participating in the project or mobility action without additional financial support.

These participants may be entitled to an additional grant covering any additional costs of their participation in mobility activities.

Check the situations affecting people with fewer opportunities and the required documentation ([link](#)). The documentation required to certify a person as a participant with fewer opportunities

must be issued by an entity within the state administration (at the corresponding level) or, where appropriate, a qualified professional. Participants with fewer opportunities will be required to submit documentary proof of their situation to the institutions when established internally as part of their call for places processes.

Payment of the scholarship

The beneficiary will receive the scholarship in two payments. 70% at the beginning of the stay and 30% at the end, provided they have completed all the procedures specified in point 7 of this call.

The second payment will be reduced by the proportionate part of the time not spent if the final length of the stay, as stated in the certificate, is less than that indicated in the scholarship agreement.

6. OBLIGATIONS OF THE BENEFICIARY

Students selected with an Erasmus+ place are **required** to:

Before starting mobility:

- 1) Be enrolled at UIC Barcelona on a PhD in Health Sciences
- 2) Have signed the Erasmus+ grant agreement.
- 3) Have signed the *Learning Agreement for Studies*.
- 4) Prior to the start of the mobility period, the student must provide proof of having insurance that covers the duration of their stay. It is compulsory to take out insurance with OnCampus, leader in travel assistance insurance for students studying abroad, which covers all of the minimum requirements stipulated by UIC Barcelona:
 - a) Health insurance coverage
 - b) Accident insurance coverage
 - c) Liability insurance coverage
 - d) Travel assistance coverage

Before the start of the stay, the beneficiary must provide the Vice-Rectorate for International Relations with proof that the insurance has been paid for.

- 5) Pay for the expenses derived from the stay: travel, accommodation and meals, etc.
- 6) Students are responsible for securing the required documents. Failure to comply with their obligations as participants may result in withdrawal of the scholarship and the return of the amount received.

In the event of wanting to obtain the international distinction on the doctoral degree title:
The Doctoral Academic Committee must authorise the research stay (prior request to the CAD).

During the mobility:

- 1) Respect the regulations of the host institution, as well as the general legislation of the host country.
- 2) Send the certificate of arrival from the host university to the Vice-Rectorate for International Relations within 10 days.

After the mobility:

- 1) Send the original certificate of attendance – using the template provided by UIC Barcelona – completed by the host institution, indicating the exact start and end dates of the stay, to the Vice-Rectorate for International Relations.
- 2) Complete the final European Union questionnaire, which will be automatically sent to the student by email once the stay has concluded.
- 3) The beneficiary will be required to return the full or proportional amount of the scholarship in the event of:
 - Total or partial withdrawal.
 - Reduction of the stay period without force majeure.
 - Having received an excessive amount due to a calculation or administrative error.
 - Failing to complete all required procedures and submit all necessary documentation to the EU/UIC Barcelona within the required time and/or format.

In the event of wanting to obtain the international distinction on the doctoral degree title:

- Request and obtain approval from the Doctoral Academic Committee in Health Sciences for the research stay (minimum duration of 3 months).
- At the end of the stay, the supervisor of the stay must prepare a report on the work carried out during the stay.
- Submit the final report of the stay, including the duration and list of tasks performed (using the template), to the Doctoral Academic Committee for approval.

7. APPLICATION AND DOCUMENTATION

- [Application form](#)



- CV
- Letter of motivation

Prioritisation in case of tie:

The Doctoral Academic Committee in Health Sciences will prioritise candidates based on the submitted documentation, as well as whether they are requesting the international distinction on the doctoral degree title.

8. SELECTION CRITERIA

- Evaluation of the academic curriculum and letter of motivation.
- Evaluation of previous training and research experience in the focal areas of the call.
- Evaluation of English proficiency (level B2 or higher).
- Suitability of the candidate to the study profile and research lines.

9. RESOLUTION

The outcome of the call will be communicated personally to the candidates.

UIC Barcelona has **3 mobility scholarships** for PhD students. The call will remain open until all scholarships have been awarded, based on the order of application and provided that candidates meet the selection criteria outlined in point 8 and have submitted all the required documentation as per point 7. Once the all the funds have been allocated, the call will be closed.

Barcelona, 3 February 2025.