

UNIVERSITY MASTER'S DEGREE IN
**General Health
Psychology**





The Master’s Degree in General Health Psychology (PGS) allows the practice of psychology in the field of health. If you want to be able to practice the profession of psychology in the field of health, perform evaluation, diagnosis and intervention tasks in a scientifically accurate manner and advance the promotion and improvement of people’s health, this is your master’s degree.

Our training proposal at UIC barcelona PGS **has its own psychology and psychiatry clinic, SUPPORT**, where students can learn from real cases from the very beginning of the master’s degree. As they advance in their training they will take on new roles and are trained to deliver the different prevention and health promotion workshops that will be conducted, while accompanied and supervised by experts to ensure the professional and personal growth of the psychologist.

The PGS seeks to have **the student practice psychology in a real life, controlled and supervised context** that will provide them with the confidence and skills necessary to practice their profession.

Aimed at

Graduates or undergraduates in psychology who have studied at least 90 health-specific content credits and are interested in acquiring skills necessary to be able to practice in the health field.

Practical and Innovative Methodology

- Dynamic and participatory classes
- Simulation of sessions with role play
- Observing actual sessions
- Participation in sessions as a co-therapist
- Values:
 - Ethics
 - Exigency
 - Ability to work
 - Love for the profession

ACADEMIC DIRECTORS AND COORDINATORS

Dr Carla Martos Algarra

Holder of a PhD in Psychology from the UIC Barcelona. Master’s Degree in Family Therapy, psychologist and psychotherapist. Lecturer for the Bachelor’s Degree in Psychology and other undergraduate health degrees at UIC Barcelona.

ACADEMIC ACCREDITATION University Master’s Degree in General Health Psychology

Organising Centre
Faculty of Medicine and Health Sciences- Sant Cugat Campus

Dates and Times:
— 3 semesters
— Monday to Friday, full-time
— On-site classes

Language
Spanish

Information and Admissions
uic.es/informacion-contacto



MODULE I

Clinical-health skills for assessment and general intervention

This module integrates compulsory subjects and works on knowledge and skills related to the professional profile of a health psychologist (therapeutic, emotional self-control, entrepreneurship and teamwork skills). In addition, training in the practice of assessment and clinical intervention at all stages of life and in all areas of competence of a general health psychologist.

— Assessment and intervention at all stages of life / 18 ECTS

— Assessment and intervention in health contexts / 24 ECTS

MODULE II

Assessment and intervention in specific contexts

This module brings together all optional subjects. Knowledge and skills related to professional practice in the health field are worked out in exceptional contexts (people at risk of social exclusion, grieving, etc.).

— Assessment and intervention in exceptional situations / 6 ECTS

MODULE III

Practicum

The practicum allows the student to begin in the professional reality of Health Psychology and to put into practice, under the appropriate supervision, to complete the training in the competencies acquired in the other modules.

— External practicum I: 375 practice hours carried out at SUPPORT / 15 ECTS

— External practicum II: 375 practice hours carried out in external centres and services / 15 ECTS

MODULE IV

Final Master's Degree Project

The aim of the final master's project is to integrate all the skills acquired in the previous modules.

— Final Master's Degree Project / 12 ECTS



STUDYING IN BARCELONA

Start the most important learning experience of your life in one of the main European cities. Barcelona is a cultural and financial role model and a city where your knowledge can adapt to multiple professional opportunities.



UIC BARCELONA, OUR CAMPUSES

Classes are held on our Barcelona campus and also our Sant Cugat campus, which has a total area of more than 52.000 m². Each Faculty has the best facilities and latest generation equipment for both theoretical and practical classes.




Find out more about the admissions procedure, reserving a place and enrolment here uic.es/masters. Click on uic.es/grants for information about financial aid, discounts and grants.

RANKINGS

The main rankings in which the Universitat Internacional de Catalunya has been classified.



Find out here about all our rankings.

 #801-1.000
 #=398
 #14

Universitat Internacional
de Catalunya

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