



**BACHELOR'S DEGREE IN PHYSIOTHERAPY
FIRST SEMESTER - FIRST YEAR**

2026-2027 ACADEMIC YEAR

	Monday	Tuesday	Wednesday	Thursday	Friday				
08.00 - 08.30	Kinesiotherapy I * Group 1 G5	Physiotherapy Assessment* Group 2 G6	Foundations and Procedures for Intervention in Physiotherapy A16 (T) G6 (TP)*	Methodological Foundations of Therapeutic Exercise A16 (T) G2 & G5 (TP)*	Kinesiotherapy I * Group 3 G5	Physiotherapy Assessment* Group 4 G6	Structure and Function of the Musculoskeletal System I** Practical Session	Anthropology A16	
08.30 - 09.00									
09.00 - 09.45									
09.45 - 10.15	BREAK								
10.15 - 10.30	Kinesiotherapy I * Group 2 G5	Physiotherapy Assessment* Group 1 G6	Foundations and Procedures for Intervention in Physiotherapy A16 (T) G6 (TP)*	Methodological Foundations of Therapeutic Exercise A16 (T) G2 & G5 (TP)*	Kinesiotherapy I * Group 4 G5	Physiotherapy Assessment* Group 3 G6	Structure and Function of the Musculoskeletal System I** Practical Session	Foundations and Procedures for Intervention in Physiotherapy A16 (T)	Methodological Foundations of Therapeutic Exercise A16 (T) G5 & G6 (TP)*
10.30 - 11.00									
11.00 - 11.30									
11.30 - 12.00	Structure and Function of the Musculoskeletal System I (T) A16	Anthropology A08 A16	Foundations and Procedures for Intervention in Physiotherapy A16 (T) G6 (TP)*	Methodological Foundations of Therapeutic Exercise A16 (T) G5 & G6 (TP)*	Kinesiotherapy I * Group 4 G5	Physiotherapy Assessment* Group 3 G6	Structure and Function of the Musculoskeletal System I** Practical Session	Foundations and Procedures for Intervention in Physiotherapy A16 (T)	Methodological Foundations of Therapeutic Exercise A16 (T) G5 & G6 (TP)*
12.00 - 12.30									
12.30 - 13.00									
13.00 - 13.30									
13.30 - 14.00									
14.00 - 14.30									
14.30 - 15.00									

COMMENTS	<p>The academic period is from 9 September to 15 January, both included. Exam week: From 18 to 29 January.</p> <p>UIC Barcelona Welcome Session: Monday 7 September 2026, 16.00h - Barcelona Campus Department of Physiotherapy Welcome Session: Tuesday 8 September 2026, 11.00h Classroom A21 First day of class: Wednesday 9 September 2026</p> <p>* See practical sessions calendar</p>
	<p>**The subject <i>Structure and Function of the Musculoskeletal System I</i> has a specific practical session calendar that will be given on the first day of class. The practical classes will be held in small groups and each will last 1h 30mins.</p>
	<p>The subject <i>Foundations and Procedures for Intervention in Physiotherapy</i> will include joint theory sessions for all groups on Tuesdays and Fridays from 09/09 to 10/09. Practical sessions will then be held in smaller groups.</p>
	<p>The subject <i>Methodological Foundations of Therapeutic Exercise</i> will include joint theory sessions for all groups on Tuesdays and Fridays from 13/10 to 13/11. Practical sessions will then be held in smaller groups.</p>
	<p>First-year students must have a gown for anatomy practice sessions, as well as a polo shirt and trousers for theory/practical classes and a table cover sheet. This material will be provided before classes begin, and you will be informed of the date for collection.</p>

This schedule may be subject to change, for reasons of space or at the request of the teaching staff.

**PRACTICAL SESSIONS CALENDAR FIRST YEAR
Bachelor's Degree in Physiotherapy**

**2026-2027 Academic Year
1st Semester**

September

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	30			

October

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
30						

November

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

January

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

	Exam period
	UIC Barcelona Welcome Session
	Department Welcome Session
	Holidays

Foundations and Procedures for Intervention in Physiotherapy - 50hrs					
Theory classes - 09/09- 09/10 single group - 40hrs T					
Theory/practical - 14/10-12/01, distributed as follows: - 10 hrs TP					
Group 1	Wednesday 14/10, 21/10, 28/11, 4/11, 11/11	12.15 to 14.00	Gym 6		
Group 4	Wednesday 18/11, 25/11, 02/12, 9/12, 16/12	08.00 to 09.45	Gym 6		
Group 3	Tuesday 17/11, 24/11, 01/12, 15/12, 12/01	10.15 to 12.00			
Group 2	Tuesday 17/11, 24/11, 01/12, 15/12, 12/01	10.15 to 12.00			

Methodological Foundations of Therapeutic Exercise - 60 hrs					
Theory classes - 13/10-13/11 - single group - 40 hrs T					
Practical classes 17/11-12/01, distributed as follows: - 20 hrs					
Group 1	Tuesday 17/11, 24/11, 01/12, 15/12 and 12/01	08.00 to 09.45	Gym 2		
Group 4	Tuesday 17/11, 24/11, 01/12, 15/12 and 12/01	10.15 to 12.00	Gym 5		
Group 3	Friday 20/11, 27/11, 04/12, 11/12 and 18/12	10.15 to 12.00	Gym 5		
Group 2	Friday 20/11, 27/11, 04/12, 11/12 and 18/12	12.00 to 14.00	Gym 6		

Kinesiotherapy I - 30 hrs					
Sessions from 09/09 to 11/10					
Group 1	Monday	08.00 to 9.45	Gym 5		
Group 2	Monday	10.15 to 12.00			
Group 3	Wednesday	08.00 to 9.45			
Group 4	Wednesday	10.15 to 12.00			

Physiotherapy Assessment - 30 hrs					
Sessions from 09/09 to 11/01					
Group 1	Monday	10:15 to 12:00	Gym 6		
Group 2	Monday	08:00 to 9:45			
Group 3	Wednesday	10:15 to 12:00			
Group 4	Wednesday	08:00 to 9:45			

Structure and Function of the Musculoskeletal System I - 60 hrs					
The subject Structure and Function of the Musculoskeletal System I has a specific practical session calendar that will be given on the first day of class. The practical classes will be held in small groups and each will last 1 hr 30 mins.					



**BACHELOR'S DEGREE IN PHYSIOTHERAPY
SECOND SEMESTER - FIRST YEAR**

2026-2027 ACADEMIC YEAR

	Monday	Tuesday	Wednesday	Thursday	Friday
08.00 - 08.30	Kinesiotherapy II (TP)* Groups 1 & 2 G5 & G6	Psychosocial Sciences Applied to Physiotherapy (T) A16	Kinesiotherapy II (TP)* Groups 3 & 4 G5 & G6	Structure and Function of the Musculoskeletal System II** Practical class	Biomechanics Applied to Physiotherapy* Practical class G6
08.30 - 09.00					
09.00 - 09.45					
09.45 - 10.15	BREAK				
10.15 - 10.30	Molecular and Cellular Physiology Applied to Physiotherapy (T) A16	Biomechanics Applied to Physiotherapy (T) A16	Molecular and Cellular Physiology Applied to Physiotherapy (T) A16	Structure and Function of the Musculoskeletal System II** Practical class	Biomechanics Applied to Physiotherapy* Practical class G6
10.30 - 11.00					
11.00 - 11.30					
11.30 - 12.00	Structure and Function of the Musculoskeletal System II (T)** A16	Mechanical Properties of Tissues* A16	Psychosocial Sciences Applied to Physiotherapy (T) A16	Structure and Function of the Musculoskeletal System II** Practical class	Biomechanics Applied to Physiotherapy* Practical class G6
12.00 - 12.30					
12.30 - 13.00					
13.00 - 13.30	Structure and Function of the Musculoskeletal System II (T)** A16	Mechanical Properties of Tissues* A16	Psychosocial Sciences Applied to Physiotherapy (T) A16	Structure and Function of the Musculoskeletal System II** Practical class	Biomechanics Applied to Physiotherapy* Practical class G6
13.30 - 14.00					
14.00 - 14.30					
14.30 - 15.00	Structure and Function of the Musculoskeletal System II (T)** A16	Mechanical Properties of Tissues* A16	Psychosocial Sciences Applied to Physiotherapy (T) A16	Structure and Function of the Musculoskeletal System II** Practical class	Biomechanics Applied to Physiotherapy* Practical class G6
15.00 - 15.30					
15.30 - 16.00					

COMMENTS	* See practical sessions calendar.
	**The subject Structure and Function of the Musculoskeletal System II has a specific practical session calendar that will be delivered on the first day of class. The practical classes will be held in small groups and each will last 1 hr 30 mins.

Academic Calendar Theory Subjects	Molecular and Cellular Physiology Applied to Physiotherapy - 60 hrs T	Psychosocial Sciences Applied to Physiotherapy - 60 hrs T
	Sessions from 01/02 to 19/05 - A16	Sessions from 02/02 to 19/05 - A16
	Monday and Wednesday from 10.15 to 12.00	Tuesday from 08.00 to 9.45 and Wednesday from 12.00 to 14.00

This schedule may be subject to change, for reasons of space or at the request of the teaching staff.

**PRACTICAL SESSIONS CALENDAR FIRST YEAR
Bachelor's Degree in Physiotherapy**

**2026-2027 Academic Year
2nd Semester**

February

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

	Exam period
	Non-teaching days
	Holidays

March

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Kinesiotherapy II - 3 ECTS			
Theory/practical from 01/02 to 19/05 - Gym 5			
Monday	Group 1	Gym 5	08.00 to 9.45
	Group 2	Gym 6	
Wednesday	Group 3	Gym 5	
	Group 4	Gym 6	

April

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Mechanical Properties of Tissues - 4 ECTS			
Theory classes on Tuesdays from 02/02 to 18/05 - 30 hrs - Single group			
Practical classes on the following dates - 10 hrs - small groups			
21, 25, 26, 27 and 28 May	Group 1	08:00 to 9:45	G4
	Group 2	10:00 to 11:45	
	Group 3	12:00 to 13:45	
	Group 4	13:45 to 15:00	

May

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Biomechanics Applied to Physiotherapy - 6 ECTS		
Theory classes on Tuesdays from 02/02 to 18/05 - 10.15 to 12.00 and Friday 05/02 from 8.00 to 14.00h- 40 hrs - Single group		
Practical classes on Fridays - 20 hrs - Gym 6 - Small groups		
12/02 to 19/03	Group 1	08.00 to 11.00
	Group 2	11.30 to 14.30
02/04 to 14/05	Group 3	08.00 to 11.00
	Group 4	11.30 to 14.30

June

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Structure and Function of the Musculoskeletal System II	
The subject <i>Structure and Function of the Musculoskeletal System II</i> has a specific practical session calendar that will be delivered on the first day of class. The practical classes will be held in small groups and each will last 1 hr 30 mins.	