

Community Engagement & Knowledge Exchange Universitat Internacional de Catalunya (UIC Barcelona) QS Sustainability Ranking 2024–2025

UIC Barcelona demonstrates a strong institutional commitment to knowledge exchange through education, health services, cultural outreach, social responsibility and collaboration with public and private stakeholders. The following evidence documents outreach projects and activities delivered for the benefit of the local and broader community during the academic year 2024–2025.

1) Community Health, Innovation & Mental Health

UIC Barcelona delivers outreach initiatives focused on mental health awareness, preventive care and community wellbeing. These activities combine academic expertise with community engagement and services delivered to external beneficiaries.

• 1.1 Major Depression and Suicide Conference

Date/Period: 7 May 2025 (conference date)

Explanation: Conference organised by the Institute for Patients at UIC Barcelona, bringing together clinical professionals, researchers and academics to address major depression, suicide prevention and integrated mental health care. Designed to share evidence-based approaches with healthcare professionals and external attendees beyond the university.

Impact: Strengthens community mental health awareness, promotes evidence-based suicide prevention strategies and reinforces collaboration between academia and clinical practice.

UIC Link:

<https://www.uic.es/en/noticia/uic-barcelona-promotes-innovative-approach-major-depression-and-suicide-person-centred>

• 1.2 Suicide Prevention Awareness Days (Conference for the prevention of suicide in young people)

Date/Period: 9–10 September 2024 (World Suicide Prevention Day framework)

Explanation: Awareness activities including talks, documentary screenings and debates organised across UIC campuses to promote suicide prevention and mental health awareness. Delivered as public-facing actions to engage the wider community.

Impact: Raises public awareness of mental health challenges, encourages early detection and supports prevention culture beyond the university.

UIC Link: <https://www.uic.es/en/agenda/conference-prevention-suicide-young-people>

• 1.3 UIC Barcelona Collaboration with Gilgal Solidari – Mental Health Training & Support

Date/Period: 13 January 2025 (agreement announced; placements during academic year 2024–2025)

Explanation: Collaboration between the Department of Psychology at UIC Barcelona and the non-profit organisation Gilgal Solidari, providing supervised external placements for students supporting vulnerable individuals in community settings.

Impact: Improves access to mental health support for vulnerable populations while strengthening applied clinical training and community collaboration.

UIC Link:

<https://www.uic.es/en/noticia/uic-barcelona-working-gilgal-solidari-promote-mental-health-training-and-support-people>

• 1.4 Support Clinic – Psychology and Psychiatry

Date/Period: Ongoing service (academic year 2024–2025)

Explanation: University clinic offering psychological and psychiatric care to children, adolescents and adults, integrating professional services with supervised student training. The clinic provides direct care to external patients from the local community.

Number of patients seen: 370

Total number of visits: 2,439

Average number of visits per patient: 6.5

Impact: Expands access to mental health services for the local community while supporting responsible professional education and clinical training.

UIC Link:

<https://www.uic.es/en/support-clinic-university-psychology-and-psychiatry-clinic>

- **1.5 WeCare Chair – International Workshop on End-of-Life Care (11th International Workshop)**

Date/Period: 29 November 2024

Explanation: International workshop addressing end-of-life care, psychological accompaniment and ethical challenges from a multidisciplinary perspective, designed for knowledge exchange with healthcare professionals beyond UIC.

Impact: Facilitates interdisciplinary knowledge exchange and strengthens professional practice and community understanding of palliative and end-of-life care.

UIC Link:

<https://www.uic.es/en/noticia/wecare-chair-celebrates-its-11th-international-workshop-multidisciplinary-approach-wish>

- **1.6 Caring for Smiles, Changing Lives – Oral Health Social Project**

Date/Period: Launched October 2024; ongoing during academic year 2024–2025

Explanation: Social project led by the Faculty of Dentistry providing oral healthcare and prevention workshops to people at risk of social exclusion, delivered in collaboration with community partners.

Impact: Improves oral health among vulnerable groups and strengthens social responsibility in clinical education through direct community service.

UIC Link:

<https://www.uic.es/en/noticia/banco-sabadell-foundation-working-uic-barcelona-caring-smiles-changing-lives-project>

- **1.7 DigiCare Innovation – European Community Health Project**

Date/Period: Project start: 1 April 2025 (25-month project)

Explanation: European project under the Educare 5.0 Alliance co-creating digital solutions for community health through living labs with external partners.

Impact: Promotes digital health literacy and strengthens collaboration between academia, healthcare providers and industry to generate community-facing health innovations.

UIC Link:

<https://www.uic.es/en/noticia/uic-barcelona-drives-innovation-community-healthcare-through-european-digicare-innovation>

- **1.8 La Xarxa Invisible – Documentary premiere (Suicide prevention in young people)**

Date/Period: 9 September 2024 (exclusive premiere)

Explanation: Documentary produced by UIC Barcelona addressing suicide prevention among young people, designed as a public awareness and education resource.

Impact: Supports public education on youth mental health and encourages early prevention strategies and informed community dialogue.

UIC Link: <https://www.uic.es/en/congress/la-xarxa-invisible>

- **1.9 Cardiopulmonary Resuscitation and First Aid Workshop – Open to schools in Catalonia**

Date/Period: 9 April (date shown on UIC agenda; academic year 2024–2025)

Explanation: Practical workshop organised by the Department of Nursing (Faculty of Medicine and Health Sciences). Open to baccalaureate and vocational education students in Catalonia, with a focus on prevention, care and basic life-support skills.

Impact: Improves first aid and CPR awareness among adolescents in the local community, strengthening community health literacy through hands-on learning supported by university expertise.

UIC Link:

<https://www.uic.es/en/agenda/5th-edition-cardiopulmonary-resuscitation-and-first-aids>

- **1.10 Health Promotion Day – prevention and practical workshops for adolescents (schools in Catalonia)**

Date/Period: 22 February 2025

Explanation: Outreach day organised by the Department of Nursing, aimed at students in secondary education, baccalaureate and vocational programmes from schools throughout Catalonia, offering practical and visual workshops on prevention and health promotion.

Impact: Strengthens prevention culture among young people in the local community and transfers practical health knowledge through supervised student-led engagement.

UIC Link: <https://www.uic.es/en/agenda/12th-health-promotion-day>

2) Lifelong Learning, Education & Reading

UIC Barcelona promotes lifelong learning and educational inclusion through reading programmes and initiatives that support cultural literacy and community-oriented education.

- **2.1 UIC Barcelona Reading Club**

Date/Period: Academic year 2024–2025 (recurring sessions)

Explanation: Cultural initiative promoting reading through guided literary discussions coordinated by academic staff. It strengthens reflection, dialogue and cultural literacy within the university community.

Impact: Encourages lifelong learning and critical thinking, supporting a culture of knowledge exchange through facilitated discussion.

UIC Link: <https://www.uic.es/en/university/university-life/culture/cultural-groups/reading>

- **2.2 Age Friendly Universities (AFU) Network**

Date/Period: 3 February 2025 (membership announced)

Explanation: UIC Barcelona's participation in the global AFU network promoting inclusive education for older adults and non-traditional learners.

Impact: Enhances accessibility, supports intergenerational learning and reinforces social inclusion through lifelong learning opportunities.

UIC Link:

<https://www.uic.es/en/noticia/uic-barcelona-joins-age-friendly-university-global-network-afu>

- **2.3 The Taste for Reading – Children's and Youth Book Exhibition**

Date/Period: Academic year 2024–2025 (campus library exhibition period)

Explanation: Exhibition showcasing children's and youth literature at the Sant Cugat Campus library to promote reading habits and educational inspiration.

Impact: Promotes reading culture and educational development, strengthening access to learning resources and cultural literacy.

UIC Link:

<https://www.uic.es/en/noticia/uic-barcelona-promotes-reading-children-youth-exhibition>

3) Culture, Arts & Campus Life

UIC Barcelona contributes to community engagement through cultural programming and public lectures that facilitate accessible knowledge sharing and participation.

- **3.1 Cultural April (Abril Cultural) 2025**

Date/Period: 23–24 April 2025 (Carpas fair as a core event)

Explanation: Annual cultural programme featuring exhibitions, music, theatre and literature across UIC campuses, designed to encourage participation and cultural exchange.

Impact: Encourages cultural participation and creative expression, strengthening campus-community interaction through accessible cultural activities.

UIC Link:

<https://www.uic.es/en/noticia/cultural-april-2025-fills-uic-barcelonas-campuses-culture-creativity-and-university-life>

- **3.2 Cultural Week**

Date/Period: 24–29 April (date shown on UIC agenda; academic year 2024–2025)

Explanation: Week-long programme including exhibitions, cinema sessions and choir performances, creating opportunities for cultural dialogue and shared participation.

Impact: Strengthens cultural engagement and reinforces community participation through accessible arts programming.

UIC Link: <https://www.uic.es/en/agenda/cultural-week>

- **3.3 Cultural Evenings | Autumn 2024**

Date/Period: 23 October 2024; 13 November 2024; 11 December 2024

Explanation: Series of open lectures addressing art, artificial intelligence and historical memory, providing accessible academic content for broad audiences.

Impact: Facilitates public access to academic knowledge and critical debate on relevant societal topics.

UIC Link: <https://www.uic.es/en/agenda/vespres-culturals-tardor-2024>

- **3.4 Foros 2025 (School of Architecture) – Free admission public lecture session**

Date/Period: 24 April 2025

Explanation: Public lecture session within the Foros 2025 cycle in Architecture. The event states free admission until full capacity is reached, enabling participation beyond the university community.

Impact: Facilitates open knowledge exchange with the local community by providing accessible academic content and public debate on architecture and society.

UIC Link: <https://www.uic.es/en/agenda/foros-2025-experimentation-interior-space>

4) Social Responsibility & Volunteering

Through volunteering and solidarity initiatives, UIC Barcelona strengthens active citizenship and direct engagement with civil society organisations addressing social needs.

• 4.1 UIC Social Day 2025

Date/Period: 5 November 2025 (date shown on UIC agenda)

Explanation: Annual solidarity and volunteering day engaging the entire university community in organised actions supporting social causes and external organisations.

Impact: Builds active citizenship and delivers direct community support through collaboration with civil society organisations.

UIC Link: <https://www.uic.es/en/agenda/uic-social-day-2025>

5) Partnerships & Philanthropy

Strategic partnerships and philanthropic collaboration enable UIC Barcelona to extend its social impact and reinforce long-term engagement with external stakeholders.

• 5.1 CASE Europe Collaboration (Generating a Culture of Engagement and Philanthropy)

Date/Period: 31 October (date stated on UIC news item)

Explanation: Strategic partnership promoting philanthropy and institutional engagement, supporting knowledge exchange and collaboration with external stakeholders.

Impact: Strengthens long-term community ties and enables community-facing initiatives through sustained external collaboration.

UIC Link:

<https://www.uic.es/en/noticia/uic-barcelona-shares-culture-philanthropy-and-institutional-commitment-case-europe>

6) Academic & Public Workshops for Community Benefit

UIC Barcelona organises academic and public workshops that transfer applied knowledge to professionals, policymakers and the wider community.

• 6.1 7th International Workshop on Efficiency in Education, Health and Other Public Services

Date/Period: 5–6 September (dates shown on UIC agenda; within academic year 2024–2025)

Explanation: International workshop focusing on efficiency in education, health and other public services, bringing together international researchers and external experts.

Impact: Supports applied research and informs public policy and professional practice in sectors with direct community impact.

UIC Link:

<https://www.uic.es/en/agenda/7th-international-workshop-efficiency-education-health-and-other-public-services>

• 6.2 Training Cycle: Healthy Sexuality, Strong Bonds

Date/Period: Started 20 April 2024 (training course launch)

Explanation: Educational programme addressing healthy sexuality and personal development, delivered as an outreach-oriented training cycle aimed at educators and parents.

Impact: Promotes emotional wellbeing and informed decision-making through structured education and public engagement.

UIC Link:

<https://www.uic.es/en/noticia/institute-advanced-family-studies-begins-training-course-ab-out-affective-sexual-education>

7) Institutional Recognition & Collaboration Events

Institutional recognition events reinforce collaboration and acknowledge the contribution of partners and organisations supporting UIC Barcelona's mission.

• 7.1 ThankU Day 2025

Date/Period: 11 June 2025

Explanation: Institutional recognition event acknowledging strategic partners and collaborators who contribute to UIC Barcelona's educational and social mission.

Impact: Reinforces sustained cooperation and long-term partnerships that support community-oriented activities and institutional engagement.

UIC Link: <https://www.uic.es/en/agenda/thankuday-2025>

8) University Agenda & Open Activities

Open academic events and agenda-based activities facilitate public participation, interdisciplinary dialogue and community-oriented academic engagement.

• 8.1 Student Academic Conference 2025: Caring for Society in Times of Conflict

Date/Period: 1 March 2025

Explanation: Interdisciplinary student-led academic conference addressing social responsibility through presentations and discussions.

Impact: Encourages civic engagement and transfers academic reflection to society-oriented challenges through community-facing dialogue.

UIC Link: <https://www.uic.es/en/congress/student-academic-conference-2025-sac>

• 8.2 International Week 2025 – Opening event and conference (Inclusive internationalisation)

Date/Period: 27 October 2025 (opening event; week activities 27–31 October 2025)

Explanation: Week-long programme promoting global engagement and intercultural learning through talks, workshops and activities.

Impact: Enhances intercultural understanding and inclusive participation, strengthening the university's capacity for community engagement.

UIC Link:

<https://www.uic.es/en/agenda/international-week-2025-opening-event-and-conference>

• **8.3 Final Degree Project Presentations – UIC Barcelona School of Architecture (open to the public)**

Date/Period: 23–25 July (open sessions; year as per UIC agenda item)

Explanation: Public presentation of Final Degree Projects hosted at the Roca Barcelona Gallery, enabling external attendance and professional/community engagement.

Impact: Shares applied academic work with the local community and professional stakeholders, supporting knowledge exchange on urban transformation and sustainability-related challenges.

UIC Link:

<https://www.uic.es/en/agenda/final-degree-project-presentations-uic-barcelona-school-architecture>